

## MENTAL HEALTH AND CRISIS SERVICES IN WASHINGTON COUNTY

Washington County Police Dispatch: # 9-1-1 for Emergency  
(435)627-4300 Non-Emergency

Crisis Intervention Team (C.I.T.) Dispatch: # (435)627-4300

Local mental health agency: **SouthWest Behavior Health Center** #(435)634-5600

Local mental health caseworker services: # Same as above

Local hospital: **-Dixie Regional Medical Center** # (435)251-1000

Utah Highway Patrol: # (435)586-9445

NAMI-UTAH OFFICE: # (801)323-9900,  
(877)230-6264 toll free

NAMI HelpLine: M-F: 8 a.m. - 4 p.m. MST (800) 950-6264 (NAMI)

NAMI-SOUTHWEST UTAH AFFILIATE: # Pam (541)331-0711, piconnors@gmail.com  
or Lynn (435) 256-8351, bjorkfmly@msn.com

NAMI-SOUTHWEST UTAH SUPPORT GROUP FACILITATOR'S: #Lynn (435) 256-8351

UT Dept. Human Services, Div. Substance Abuse & Mental Health: #(801)538-3939

### OTHER:

**DOCTORS VOLUNTEER CLINIC:** (435) 656-0022, 1036 East Riverside Drive, St. George, UT 84790. This clinic treats people living 150% below the poverty level, NOT eligible for Medicaid, Uninsured. Appointments and walk-ins available.

**FAMILY HEALTHCARE:** (435)986-2565, 25 N 100 E, Suite 102, St. George, UT 84770, Or Millcreek High School, 2410 E. Riverside Dr., St. George, UT 84790. Same day access. Also (435) 865-1387, 74 W Harding Ave., Cedar City, UT 84720.

**Veterans Affairs, Dept. of -Washington Co. Vet Center:** (435)673-4494, 1664 S Dixie Dr. Ste. 102, St. George, UT 84770. Free counseling or trauma therapy for Combat Veterans and their families.  
<http://www2.va.gov/directory/guide/facility.asp?ID=6153> <http://www.mentalhealth.va.gov/>

**CRISIS FILE-1**

NAMI Family-to-Family 2013

**WHERE TO GO FOR HELP WITH FUTURE MENTAL ILLNESS EPISODES OR PROBLEMS**  
**If you need immediate assistance, contact 911 or 1-800-273-TALK/8255.**

**St. George Police Dept. Dispatch (If you are in danger of harming yourself or others or have ended up in a legal situation.**

(435) 627-4300. Ask for CIT Officers (Crisis Intervention Team Trained)

**NAMI** (National Alliance on Mental Illness), (435) 688-9458, P.O. Box 2265, St. George, UT 84771

This organization offers a support group for family members, significant others and friends of those with mental illness, called **FAMILY TO FAMILY**, and is taught by trained Certified Family Members who have suffered from a loved one with a mental illness. There is also an educational class called **B.R.I.D.G.E.S.**, taught by consumers (those who suffer from mental illness), teaching about mental illness and how to live with the symptoms and problems. **PARENTS AND TEACHERS AS ALLIES** is a 2 hour in-service program for educators and parents. **HOPE FOR TOMORROW** is taught 3 times a year and teaches students about the symptoms and dangers of mental illness. All classes are free. <http://www.namiswutah.org/> <http://www.namiut.org/>

**SOUTHWEST BEHAVIORAL HEALTH CENTER**, (435) 634-5600, 474 West 200 North, Suite 300, St. George, UT 84770

To be treated by Southwest a person must have, or be eligible for, Medicaid or have other health insurance coverage. Southwest focuses mainly on people with serious mental illnesses such a Schizophrenia, Bi-Polar Disorder, or Schizo-Affective Disorder. HOWEVER, Southwest will do a free screening for anyone and will help them match their needs with available resources at other locations. <http://www.swbehavioralhealth.com/>

**DOCTORS VOLUNTEER CLINIC**, (435) 656-0022, 1036 East Riverside Drive, St. George, UT 84790. This clinic treats people living 150% below the poverty level, NOT eligible for Medicaid, Uninsured. Appointments and walk-ins available. They do have mental health care. They also have a "MEDICALLY SUPERVISED OUTPATIENT DETOX". [www.doctorsvolunteerclinic.org/](http://www.doctorsvolunteerclinic.org/)

**FAMILY HEALTHCARE** (formerly Southwest Community Health Center), (435)986-2565, 25 N 100 E, Suite 102, St. George, UT 84770, Or Millcreek High School, 2410 E. Riverside Dr., St. George, UT 84790. Also (435) 865-1387, 74 W Harding Ave., Cedar City, UT 84720. This clinic treats anybody, Medicare, Medicaid, Private Insurance, fees on a sliding scale. Same day access. Pre-Natal care. They will screen for mental health problems, \$20 deposit for an appointment for screen. They will prescribe psychotropic medications if necessary and participate in the **OUCH program, Smith's pharmacy, for lower cost meds.** <http://www.familyhc.com/>

**VETERANS ADMINISTRATION, ST. GEORGE CLINIC**, (435)634-7608, X 6000, 1067 East Tabernacle, Suite 7, St. George, UT 84770. This is a small Community Based Outpatient Clinic. Most services are in Salt Lake City. Call for information on available services. [http://www.saltlakecity.va.gov/st\\_george\\_cboc.asp](http://www.saltlakecity.va.gov/st_george_cboc.asp)

**Veterans Affairs, Dept. of -Washington Co. Vet Center** (435)673-4494, 1664 S Dixie Dr. Ste. 102, St. George, UT 84770. Free counseling or trauma therapy for Combat Veterans and their families. <http://www2.va.gov/directory/guide/facility.asp?ID=6153>  
<http://www.mentalhealth.va.gov/>

**DIXIE REGIONAL MEDICAL CENTER**, (435-688-4343), 1380 E Medical Center Dr. , St. George, UT 84790. This is a 9-bed adult inpatient psychiatric unit at the 400 East Campus for people in crisis, with links to outpatient care. This is for patients with Medicaid, Medicare or other forms of health insurance. Financial aid may also be available Although it is an adult unit it will take 14-17 year olds for stabilization. The average length of stay is 4.5 days. This is NOT a chemical dependency unit. <http://intermountainhealthcare.org/hospitals/dixie/Pages/home.aspx>

**WASHINGTON COUNTY YOUTH CRISIS CENTER**, (435) 656-6100, 251 E 200 N., St. George, UT 84770. This center offers 24-hour crisis counseling for youth and their families. <http://www.utah.gov/residents/healthandss.html>

**DOVE CENTER**

24-HOUR HOTLINE: (435) 628-0458 Free services for women and men who have been victims of domestic violence or sexual assault. Committed to provide safe, caring, and confidential **shelter for women and children**, advocacy, support for victims of domestic violence and sexual assault and to reduce the incidents of abuse through prevention education. <http://dovecenter.org/>

**LDS FAMILY SERVICES**, (435) 673-6446, 2480 East Red Cliffs Drive, St. George, UT 84790.

Family Services offers ecclesiastical and counseling services and will refer to other agencies. There is also an Addiction Recover Program facilitated by part-time Service Missionaries. Some Service Missionaries are also trained by the Alzheimer's Association to work with families. <http://www.providentliving.org/channel/0,11677,2872-1,00.html>

**VOCATIONAL REHABILITATION, SO UTAH DIST.** (435)-673-5091. 965 E 700 S, St. George, UT 84790. If you are a person with a disability who needs assistance getting back to work, you may be eligible to receive funding for medications, education, training and equipment. <http://www.usor.utah.gov/apply-for-services>.

# Washington County Area General Resource List

Phone: 2-1-1 Website: [www.211ut.org](http://www.211ut.org) Fax: (801) 746-2880



## EMERGENCIES (24 HOURS)

Life Threatening	9-1-1
Crisis/Suicide Prevention	435-634-5600
National Suicide Prevention Lifeline	1-800-273-TALK (8255)
Poison Control	1-800-222-1222

## ADULT & CHILD ABUSE/NEGLECT

Adult Protective Services (APS) (Reporting)	1-800-371-7897
(St. George Office)	435-673-9548
Discovery Club House Family Center (Crisis nursery)	435-674-4766
Washington County Children's Justice Center	435-634-1134
Division of Child and Family Services (DCFS)	435-652-2960
Child Protective Services (CPS) (Reporting)	1-855-323-3237
Guardian Ad Litem	435-627-0894

## CHILD/YOUTH/FAMILY SERVICES

Washington School District	435-673-3553
Child Care Resource & Referral - Western	435-628-4843, 1-888-344-4896
Children's Discovery Learning Center (St. George)	435-674-4766
(Washington City)	435-673-2999
Foster Care Licensing (St. George)	435-773-8083
Utah Foster Care Foundation	435-656-8065, 1-877-505-KIDS (5437)
SUU Early Intervention/Head Start (Cedar City Central Office)	1-800-796-6070
Head Start (St. George)	435-628-5641
(Hurricane/La Verkin)	435-635-3442
(Washington City)	435-634-0280
Homework Hotline (during school year only)	1-800-825-PASS (7277)
National Runaway Switchboard	1-800-786-2929
The Learning Center for Families (St. George)	435-673-5353
(Hurricane)	435-635-5353
(Hildale)	435-874-1313
The Nine Line	1-800-999-9999
Utah Family Resource Center	435-727-3328
Washington County Youth Crisis Center	435-656-6100
Youth and Families with Promise (YFP)	435-797-1543

## CLOTHING/FURNITURE/HOUSEHOLD ITEMS

Deseret Industries (DI)	435-652-8232
Hope Pregnancy Care Center (Maternity/baby)	435-652-8343
Repeat Performance	435-674-7522
St. George Catholic Thrift Shop	435-673-0849

## COURTS

Fifth District Court	435-986-5700
Juvenile	435-986-5730
Probation	435-986-5740
Justice Court	
Enterprise	435-878-2221
Hildale	435-874-2323
Hurricane	435-635-2811
Santa Clara	435-673-6712
Washington City	435-656-6350
Washington County	435-634-5728

## DOMESTIC VIOLENCE

Domestic Violence Information Line	1-800-897-LINK (5465)
Domestic Violence Assessment & Counseling (DFCS)	435-652-2960
Dove Center	435-628-1204
Erin Kimball Memorial Foundation	435-673-1659
Intermountain Specialized Abuse Treatment Center (ISAT)	435-628-8075
Office of Crime Victim Reparations	1-800-621-7444
Utah Legal Services (Intake)	1-800-662-4245
St. George Office	435-628-1604
VINE (Victim Information & Notification Everyday)	1-877-884-8463
Victim Advocate Program, St. George Police Department	435-628-2408

## EMPLOYMENT/JOB TRAINING

(See also: "Employment: Temporary" in the Yellow Pages)

Dixie Applied Technology College (DATC)	435-674-8400
Dixie State College	435-652-7500
Deseret Industries (DI)	435-652-8232
Division of Rehabilitation Services	435-673-5091
Job Corps	1-800-733-JOBS (5687)
LDS Employment Services	435-656-1388
Labor Commission	1-800-530-5090
Anti-discrimination and labor issues	1-800-222-1238
Utah Department of Workforce Services (DWS)	
St. George Employment Center	435-674-JOBS (5627)

## FINANCIAL COUNSELING

AAA Fair Credit Foundation	1-800-351-4195
American Credit Foundation	1-800-259-0601
Bankruptcy Hotline (11:30 a.m.-12:30 p.m., Mon.-Fri.)	1-801-896-3328
Cornerstone Financial Education	1-800-336-1245
Consumer Credit Counseling	435-986-9223
Extension Services, USU	435-634-5706

## FOOD ASSISTANCE PROGRAMS

Dixie Care & Share (St. George)	435-628-3661
Hurricane Valley Food Bank	435-635-0995
DROPS/ Mobile Food Pantry, Utah Food Bank	2-1-1
Food Stamps, Utah Department of Workforce Services (DWS)	1-866-435-7414
Home Delivered Meals/Congregate Meals (Senior citizens)	
Five County Area Association on Aging	435-673-3548
St. George Senior Citizen Center	435-634-5743
Hurricane Senior Citizen Center	435-635-2089
Enterprise Senior Citizen Center	435-878-2557
Meals on Wheels	435-634-5743
Salvation Army Soup Kitchen at Grace Episcopal	435-688-1294
WIC (Women, Infants & Children), Southwest Utah Public Health Department	
St. George Office	435-673-3528

## GOVERNMENT SERVICES

Division of Motor Vehicles (DMV)	1-800-DMV-UTAH (368-8824)
Drivers License Division (state customer service)	1-888-353-4224
Enterprise (City Offices/Department of Utilities)	435-878-2221
Five County Association of Governments	435-673-3548
Hildale	435-874-2323
Hurricane (City Offices/ Power Department)	435-635-4284
Animal Shelter	435-635-8314
Maintenance Shops - Streets & Water	435-635-9442
Ivins	435-628-0606
Public Safety Department	435-674-5503
La Verkin	435-635-2581
St. George City	435-627-4000
Animal Control	435-627-4350
Chamber of Commerce	435-628-1658
Inspection/Building Department	435-627-4100
Planning and Zoning	435-674-4206
Leisure Services Department	435-627-4500
Utility Business Office	435-674-4270
Pick-up/Collection (Red Rock Waste Services)	435-628-2821
Power & Water Offices	435-627-4800
Power/Water Outages	435-627-4801
Santa Clara	435-673-6712
Springdale	435-772-3434
United States Postal Service (USPS)	1-800-ASK-USPS (275-8777)
Virgin Town	435-635-4695
Washington City (Business Office/Power Department)	435-656-6300
Police Station	435-634-5730
Animal Shelter	435-673-7194
Water Department	435-656-6317
Washington County	
Assessor	435-634-5703
Attorney	435-634-5723
Building Department	435-634-5714
Clerk (Marriage License, Passports, & Voter Registration)	435-634-5712
Commission Office	435-634-5700
Constable	435-674-3565
Dixie Center	435-628-7003
Landfill	435-674-7623
Recorder	435-634-5709
Treasurer	435-634-5711
I-15 Welcome Center (Visitors center)	435-673-4542

## HEALTH CARE/HOSPITALS/CLINICS

Caring Foundation for Children (dental insurance)	1-888-589-5437
Community Nursing Services	435-652-9077, 1-866-652-9077
Enterprise Valley Medical Clinic	435-878-2281
Family Dental Plan	435-652-3806
Health Department - WIC (Cedar City)	435-586-2437
Southwest Utah Public Health Department (St. George)	435-673-3528
(La Verkin)	435-673-3528
Dixie Regional Medical Center (IHC)	435-251-1000
Community Health Information Center (CHIC)	435-251-2222
Doctor's Volunteer Clinic of St. George	435-656-0022
HIPUTAH (Utah Comprehensive Health Insurance Pool)	1-800-705-9173
IHC Home Care	435-688-4567

## HEALTH CARE/HOSPITALS/CLINICS (CONT.)

Medicaid and CHIP	
Department of Workforce Services (DWS) (Applications)	1-866-435-7414
Children's Health Insurance Program (CHIP)	1-877-KIDS-NOW
Medicaid Information Line	1-800-662-9651
Planned Parenthood Association of Utah (Administration)	1-800-627-9558
Color Country Health Express (St. George contract provider)	435-674-9933
Facts of Life Line (Recorded messages)	1-800-344-4134
Primary Care Network (PCN) and Utah's Premium Partnership for Health Insurance (UPP) (UPP helps pay employer-provided insurance premiums)	1-888-222-2542
Rocky Mountain Hospice	435-673-6699
Southwest Utah Community Health Center	435-986-2565
Utah Health Insurance Division	1-800-439-3805
Veterans Community Based Outpatient Clinic	435-634-7608

## HOMELESS SERVICES

Dixie Care & Share	435-628-3661
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## HOUSING/UTILITIES

(See also: Government Services for local Utility Providers)

American Red Cross (Utilities)	435-674-4440
Color Country Community Housing Inc.	435-673-3131
Community Housing Services, Inc.	
Black Hills Apts. (St. George)	435-628-0042
Snow Canyon Apts. (St. George)	435-628-8640
Dixie Escalante	435-673-3297
Enterprise Public Light & Power	435-878-2221
Erin Kimball Memorial Foundation	435-673-1659
Five County Association of Governments	435-673-3548
Habitat for Humanity of Southwest Utah	435-674-7669
HEAT (Home Energy Assistance Target) (Utilities)	435-652-9643
St. George Housing Authority	435-628-3648
Utah Department of Workforce Services (DWS)	1-866-435-7414
Qwestar Gas (Customer Service)	1-800-323-5517
Gas Leaks	1-800-767-1689
Blue Stakes	1-800-662-4111
UTAP (Utah Telephone Assistance Program) - Lifeline	1-800-948-7540
Rocky Mountain Power	1-888-221-7070

## LAW ENFORCEMENT/EMERGENCY SERVICES

Emergencies (Fire, Hazardous Materials, Medical, & Police)	9-1-1
Citizens Corps (Disaster)	435-674-5757
Washington County Sheriff (Office)	435-656-6500
Area Dispatch (Non-emergencies)	435-634-5736
Jail (Purgatory)	435-656-6600
Hildale Police Department	435-874-2240
Fire Department	435-874-2753
Hurricane Police Department	435-635-9663
Fire Department	435-635-9562
Ivins Public Safety (Police, Fire)	435-674-5503
St. George City Police Department (Business Office)	435-634-5001
Dispatch	435-634-5000
Fire Department	435-634-5844
Washington City Fire Station	435-673-4788

## LEGAL INFORMATION/CONSULTATION

Consumer Protection, Division of	1-800-721-SAFE (7233)
Disability Law Center	1-800-662-9080
Lawyer Referral	www.utahbar.org (click on legal match)
Southern Utah Legal Center	435-628-1604
Utah Legal Services (Intake)	1-800-662-4245
St. George Office	435-628-1604

## LIBRARIES

St. George Main	435-634-5737
Enterprise	435-878-2574
Hurricane	435-635-4621
New Harmony	435-867-0065
Santa Clara	435-986-0432
Springdale	435-772-3676

## MENTAL HEALTH/COUNSELING

Doctor's Volunteer Clinic of St. George	435-656-0022
Intermountain Specialized Abuse Treatment (ISAT)	435-628-8075
LDS Family Services	435-673-6446
NAMI UTAH (National Alliance on Mental Illness)	1-877-230-6264
Southwest Center	435-634-5600
Independence House (Mental Health Clubhouse)	435-628-0612
Utah Family Support Center	435-586-0791

## OTHER SERVICES

Better Business Bureau (BBB)	1-800-456-3907
Hurricane Valley Chamber of Commerce	435-635-3402
St. George Chamber of Commerce	435-628-1658
Small Business Development Center	435-652-7741
Sun Tran Community Transportation	435-673-8726
Zion Canyon Chamber of Commerce/Visitor Bureau	1-888-518-7070

## PEOPLE WITH DISABILITIES

711 Relay Utah	7-1-1
Access Utah Network	1-800-333-8824
Alzheimer's Association	435-628-8656
Arc of Washington County	435-673-5251
Division of Rehabilitation Services	435-673-5091
Division of Services for People with Disabilities (DSPD)	435-674-3961
Red Rock Center for Independence	435-673-7501, 1-800-649-2340
Rise, Inc.	435-673-1108
Division of Services for the Blind and Visually Impaired	
St. George Office	435-986-0055, 1-877-3150259
Turn Community Services	435-673-5251
Utah Parent Center and Autism Information Resources	
Salt Lake City Office (Parents of children with disabilities)	1-800-468-1160

## PREGNANCY

(See also: Health Care/Hospitals/Clinics)

Baby Your Baby Hotline	1-800-826-9662
Hope Pregnancy Care Center	435-652-8343
LDS Family Services	435-673-6446
Planned Parenthood Association of Utah (Administration)	1-800-627-9558
Color Country Health Express (St. George contract provider)	435-674-9933
Pregnancy Riskline	1-800-822-BABY (2229)
The Children's Service Society of Utah	1-800-839-7444

## RAPE/SEXUAL ASSAULT

DOVE Center	435-628-1204
Rape/Sexual Assault Crisis Line	435-628-0458
Intermountain Specialized Abuse Treatment (ISAT)	435-628-8075
Utah Coalition Against Sexual Assault (UCASA)	1-888-421-1100

## SENIOR CITIZENS

AARP	1-866-448-3616
Five County Area Agency on Aging	435-673-3548
St. George Senior Citizen Center	435-634-5743
Hurricane Senior Citizen Center	435-635-2089
Enterprise Senior Citizen Center	435-878-2557

## SEXUALLY TRANSMITTED DISEASES/AIDS INFO

Southwest Utah Public Health Department	435-673-3528
Planned Parenthood Association of Utah (Salt Lake City)	1-800-627-9558
(St. George)	435-674-9933
People with AIDS Coalition of Utah (Salt Lake City)	1-801-484-2205
Utah AIDS Foundation (Salt Lake City)	1-800-FON-AIDS (366-2437)

## SUBSTANCE ABUSE

AA (Alcoholics Anonymous), Al-Anon, Al-Ateen	435-674-4791
Dixie State College Wellness Center (Prevention/education)	435-652-7755
Intermountain Specialized Abuse Treatment (ISAT) Center	435-628-8075
LDS 12-Step Substance Abuse Recovery Program	435-628-3535
Narcotics Anonymous	435-467-4403
Southwest Center	435-634-3535
Tobacco Quit Line	1-800-QUIT-NOW (784-8669)
Veterans Community Based Outpatient Clinic	435-634-7608

## SUPPORT GROUPS

Call for details on various groups	2-1-1
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## VOLUNTEER

Washington County Volunteer Center	435-674-5757
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## WELFARE AND FINANCIAL SERVICES

Office of Recovery Services (ORS)	1-801-536-8500
Social Security Administration (SSA) (National)	1-800-772-1213
St. George	1-866-446-7085
Unemployment Insurance Center	1-888-848-0688
Utah Department of Workforce Services (DWS)	1-866-435-7414
Customer Relations	1-800-331-4341
Worker's Compensation Fund (WCF)	1-800-446-2667

2-1-1 Information and referral is the place to call if you need help or want to give help. Callers can be linked to resources available from health and human service programs throughout the state.

Last Update: July 2011

Please visit [www.211ut.org](http://www.211ut.org) for the most current resource lists.

If your cellular phone or office phone system does not recognize the 2-1-1 number, you can dial 1-888-826-9790 for the same free service.

## ORGANIZATIONAL RESOURCES FOR FAMILIES

### **Abraham Low Self-Help Systems**

105 W. Adams St., Ste. 2940, Chicago, IL 60603

Office: 312-337-5661

E-mail: [info@lowselfhelpsystems.org](mailto:info@lowselfhelpsystems.org)

Self-help groups using cognitive-behavioral techniques to cope with symptoms of mental illness

### **American Association of Suicidology**

5221 Wisconsin Ave. NW, Washington, DC 20015

Tel: (202) 237-2280, Web site: <http://www.suicidology.org>

### **American Foundation for Suicide Prevention**

120 Wall St. 22<sup>nd</sup> Floor, New York, NY 10005

Tel: 1-888-333-AFSP (not a crisis line) or (212) 363-

3500. Web site: <http://www.afsp.org>. E-mail:

[inquiry@afsp.org](mailto:inquiry@afsp.org),

### **American Psychiatric Association**

1000 Wilson Blvd., Suite 1825

Arlington, VA 22209-3901

Tel: 703-907-7300 or 1-800-368-5777

E-mail: [apa@psych.org](mailto:apa@psych.org)

### **The Anxiety Disorders Association of America**

8730 Georgia Ave., Suite 600, Silver Spring, MD

20910. Tel: 240-485-1001, Web site: <http://www.adaa.org>.

E-mail: [media@adaa.org](mailto:media@adaa.org)

### **Bazelon Center for Mental Health Law**

1101 15th St, NW, Suite 1212, Washington, DC

20005. Web site: <http://www.bazelon.org>

Tel: 202-467-5730, E-mail: [webmaster@bazelon.org](mailto:webmaster@bazelon.org)

### **Bipolar Disorders Treatment Information Center (BDTIC)**

Madison Institute of Medicine

7617 Mineral Point Rd., Ste. 300, Madison, WI

53717. Office: 608-827-2470 (8:30 a.m. – 5 p.m.)

[www.miminc.org/aboutbipolarinfoctr.asp](http://www.miminc.org/aboutbipolarinfoctr.asp)

E-mail: [mim@miminc.org](mailto:mim@miminc.org)

### **Borderline Personality Disorder Resource**

**Center:** BPD referral to resources and treatment

21 Bloomingdale Road, White Plains, NY 10605

Ph: 888-694-2273 [www.bpdresourcecenter.org](http://www.bpdresourcecenter.org)

E-mail: [bpdresourcecenter@ntp.org](mailto:bpdresourcecenter@ntp.org)

### **Clinical Antipsychotic Trials of Intervention Effectiveness (CATIE),**

University of North Carolina project to evaluate the clinical effectiveness of atypical antipsychotics in the treatment of schizophrenia.

Web: <http://www.catie.unc.edu>

### **Emotions Anonymous International**

P.O. Box 4245, St. Paul, MN 55104-0245

Tel: (612) 647-9712

Web: <http://emotionsanonymous.org>

### **International OCD Foundation**

PO Box 961029

Boston, MA 02196

Ph: 617-973-5801

E-mail: [info@ocfoundation.org](mailto:info@ocfoundation.org)

Web: <http://www.ocfoundation.org/>

### **Measurement & Treatment Research to Improve Cognition in Schizophrenia (MATRICS)**

Web site: <http://www.MATRICS.ucla.edu/>

### **Mental Health America**

2000 N. Beauregard St. (6<sup>th</sup> Floor)

Alexandria, VA 22311

Tel: (703) 684-7722

Mental Health Information Line: 1-800-969-6642

TTY Line: 1-800-433-5959

Web site: <http://www.nmha.org>

E-mail: [info@rementalhealthamerica.net](mailto:info@rementalhealthamerica.net)

### **Obsessive Compulsive Information Center**

**Lithium Information Center**

Madison Institute of Medicine

7617 Mineral Point Rd., Suite 300

Madison, WI 53717

Tel: 608-827-2470

Web site: <http://www.miminc.org>

E-mail: [mim@miminc.org](mailto:mim@miminc.org)

Publishes: Obsessive Compulsive Disorder: A Guide, Lithium and Manic Depression: A Guide

### **NAMI: The Nation's Voice on Mental Illness**

3803 N. Fairfax Dr., Ste. 100

Arlington, VA 22203-1701

Tel: 703-524-7600, HelpLine: 1-800-950-6264

E-mail: [info@nami.org](mailto:info@nami.org)

Web site: <http://www.nami.org>

**NAMI Support, Technical Assistance,  
and Resource Center (STAR)**  
3803 N. Fairfax Dr., Ste. 100  
Arlington, VA 22203-1701  
Phone: (703) 600-1114/ (866) 537-STAR (7827)  
E-mail: [star@nami.org](mailto:star@nami.org)  
<http://www.consumerstar.org>

**National Alliance for Research on Schizophrenia  
and Depression (NARSAD)**  
60 Cutter Mill Road, Suite 404  
Great Neck, NY 11021  
Tel: 516-829-0091/ 1-800-829-8289  
E-mail: [info@narsad.org](mailto:info@narsad.org)  
NARSAD Research Quarterly Newsletter (free)

**National Education Alliance for  
Borderline Personality Disorder  
(NEA-BPD)**  
PO Box 974 Rye, NY 10580  
Tel: 914 835-9011 Web: [www.borderlinepersonalitydisorder.com](http://www.borderlinepersonalitydisorder.com), E-mail: [neabpd@aol.com](mailto:neabpd@aol.com)

**National Institute of Mental Health**  
6001 Executive Boulevard, Rm. 8184, MSC 9663,  
Bethesda, MD 20892-9663  
Tel: (301) 443-4513, (866) 615-6464  
Web site: <http://www.nimh.nih.gov>  
E-mail: [nimhinfo@nih.gov](mailto:nimhinfo@nih.gov)

**National Mental Health Consumers'  
Self-Help Clearinghouse**  
1211 Chestnut St., Ste. 1207, Philadelphia, PA 19107,  
Toll-free: 1-800-553-4539 (800-553-4KEY), Web  
site: [www.mhselfhelp.org](http://www.mhselfhelp.org)  
E-mail: [info@mhselfhelp.org](mailto:info@mhselfhelp.org)  
Publishes *The Key Assistance Report*. qtrly.

**Obsessive Compulsive Information Center  
Lithium Information Center**  
Madison Institute of Medicine  
7617 Mineral Point Rd., Suite 300  
Madison, WI 53717  
Tel: 608-827-2470  
Web site: <http://www.miminc.org>  
Publishes: Obsessive Compulsive Disorder: A  
Guide, Lithium and Manic Depression: A Guide  
E-mail: [mim@miminc.org](mailto:mim@miminc.org)

**Physicians Postgraduate Press, Inc.**  
P.O. Box 752870, Memphis, TN 38175-2870  
Tel: 901-751-3800  
The Expert Consensus Guideline Series: Treatment of  
Schizophrenia <http://www.psychguides.com>

**Psychopharmacology Algorithm Project**  
Algorithms to guide medication treatment of  
schizophrenia, depression and other illnesses.  
Web site: <http://www.mhc.com/Algorithm>

**Recovery After an Initial Schizophrenia  
Episode (RAISE)**  
<http://www.nimh.nih.gov/health/topics/schizophrenia/raise/index.shtml>

**The Stanley Foundation Research Programs**  
8401 Connecticut Ave., Ste., Suite 200  
Chevy Chase, MD 20815  
Tel: (301) 571-0760  
Web site: <http://www.stanleyresearch.org>  
Publishes: Bipolar Network News (free)  
E-mail: [info@stanleyresearch.org](mailto:info@stanleyresearch.org)

**Substance Abuse and Mental Health Services  
Administration (SAMHSA)**  
P.O. Box 2345  
Rockville, MD 20847-2345  
E-mail: [SHEN@samhsa.hhs.gov](mailto:SHEN@samhsa.hhs.gov)  
Phone: 1-877-SAMHSA-7 (1-877-726-4727)  
Web Site: <http://www.samhsa.gov/shin>

**Suicide Prevention Action Network (SPAN)**  
1025 Vermont Ave NW, Suite 1066  
Washington, DC 20005  
Tel: 202-449-3600 Web site: <http://www.spanusa.org>

**Systematic Treatment Enhancement Program  
for Bipolar Disorder (STEP-BD)**  
Toll-free: 1-866-240-3250 Office: 617-724-6058  
E-mail: [Stepbd@mailcity.com](mailto:Stepbd@mailcity.com)  
Web: [www.stepbd.org](http://www.stepbd.org)  
**Texas Medication Algorithm Project (TMAP)**  
Web: [www.dshs.state.tx.us/mhprograms/TMAPover.shtml](http://www.dshs.state.tx.us/mhprograms/TMAPover.shtml)

**Treatment and Research Advancements**  
National Association for Personality Disorder  
23 Greene Street, New York, NY 10013  
Tel: 212 966-6514  
Web: [www.TARA4BPD.org](http://www.TARA4BPD.org)  
Publishes: Understanding Borderline Personality  
Disorder (free)



# NAMI

**National Alliance on Mental Illness**  
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## Patient Prescription Drug Assistance Programs

### *Free or low-cost medications provided by pharmaceutical companies*

Some pharmaceutical companies offer medication assistance programs to low-income individuals and families. These programs typically require a doctor's consent and proof of financial status. They may also require that you have either no health insurance, or no prescription drug benefit through your health insurance. Please contact the pharmaceutical company directly for specific eligibility requirements and application information.

*Note: Some of these companies may prefer to speak directly with your doctor.*

Brand Name	Pharmaceutical Company	Program Phone #
<b>Abilify</b>	Bristol-Myers Squibb Company	800-332-2056
<b>BuSpar</b>	Bristol-Myers Squibb Company	800-332-2056
<b>Celexa</b>	Forest Pharmaceuticals, Inc.	800-851-0758
<b>clozapine (generic)</b>	IVAX Pharmaceuticals, Inc.	800-327-4114 x4344
<b>Clozaril</b>	Novartis Pharmaceuticals 800-277-2254 (main)	800-257-3273 - short term 800-277-2254 - long term
<b>Depakote</b>	Abbott Laboratories	800-222-6885
<b>Desyrel (150 &amp; 300 mg pills only)</b>	Bristol-Myers Squibb Company	800-332-2056
<b>Effexor</b>	Wyeth Pharmaceuticals	800-568-9938
<b>Geodon</b>	Pfizer Inc.	866-706-2400
<b>Haldol, Haldol Decanoate</b>	Ortho-McNeil Pharmaceutical, Inc.	800-577-3788
<b>Isoptin</b>	Abbott Laboratories	800-222-6885
<b>Lexapro</b>	Forest Pharmaceuticals, Inc.	800-851-0758
<b>Ludiomil</b>	Novartis Pharmaceuticals	800-257-3273
<b>Neurontin</b>	Pfizer Inc.	800-707-8990
<b>Paxil</b>	GlaxoSmithKline	866-728-4368
<b>Prolixin, Prolixin Decanoate</b>	Bristol-Myers Squibb Company	800-332-2056
<b>Prozac</b>	Eli Lilly and Company	800-545-6962
<b>Risperdal</b>	Janssen Pharmaceutica	800-652-6227
<b>Serentil</b>	Boehringer Ingelheim Pharmaceuticals	800-556-8317
<b>Seroquel</b>	AstraZeneca Pharmaceuticals	800-424-3727
<b>Tegretol</b>	Novartis Pharmaceuticals	800-257-3273

<b>Wellbutrin</b>	Valeant Pharmaceuticals International	800-556-1937
<b>Zoloft</b>	Pfizer Inc.	800-707-8990
<b>Zyprexa</b>	Eli Lilly and Company	800-545-6962

**General Contact Information for Major Pharmaceutical Companies**

<b>Pharmaceutical Company</b>	<b>Mailing Address</b>	<b>Phone # for Medical Information</b>	<b>Web Address</b>
<b>Abbott Laboratories</b>	100 Abbott Park Rd. Abbott Park, IL 60064-3502	800-633-9110	<a href="http://www.abbott.com">www.abbott.com</a>
<b>AstraZeneca Pharmaceuticals</b>	1800 Concord Pike P.O. Box 15437 Wilmington, DE 19850-5437	800-236-9933	<a href="http://www.astrazeneca-us.com">www.astrazeneca-us.com</a>
<b>Aventis Pharmaceuticals, Inc</b>	300 Somerset Corporate Blvd. Mail Stop: SC 710B Bridgewater, NJ 08807-2854	800-633-1610	<a href="http://www.aventis.com">www.aventis.com</a>
<b>Boehringer Ingelheim Pharmaceuticals, Inc.</b>	900 Ridgebury Rd. P.O. Box 368 Ridgefield, CT 06877-0368	800-542-6257	<a href="http://www.boehringer-ingelheim.com">www.boehringer-ingelheim.com</a>
<b>Bristol-Myers Squibb Company</b>	345 Park Avenue New York, NY 10154-0037	800-321-1335	<a href="http://www.bms.com">www.bms.com</a>
<b>Eli Lilly and Company</b>	Lilly Corporate Center Indianapolis, IN 46285	800-545-5979	<a href="http://www.lilly.com">www.lilly.com</a>
<b>Forest Pharmaceuticals, Inc.</b>	13600 Shoreline Drive St. Louis, MO 63045	800-678-1605	<a href="http://www.forestpharm.com">www.forestpharm.com</a>
<b>GlaxoSmithKline</b>	One Franklin Plaza P.O Box 7929 Philadelphia, PA 19101	888-825-5249	<a href="http://www.gsk.com">www.gsk.com</a>
<b>IVAX Pharmaceuticals, Inc</b>	4400 Biscayne Blvd. Miami, Florida 33137	800-327-4114 x6367	<a href="http://www.ivaxpharmaceuticals.com">www.ivaxpharmaceuticals.com</a>
<b>Janssen Pharmaceutica, Inc.</b>	1125 Trenton-Harbourton Rd. Titusville, NJ 08560	800-526-7736  (800-JANSSEN)	<a href="http://www.janssen.com">www.janssen.com</a>
<b>Novartis Pharmaceuticals</b>	One Health Plaza East Hanover, NJ 07936-1080	888-669-6682	<a href="http://www.novartis.com">www.novartis.com</a>
<b>Organon</b>	56 Livingston Avenue Roseland, New Jersey 07068	800-631-1253	<a href="http://www.organon.com">www.organon.com</a>



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<b>Ortho-McNeil Pharmaceutical, Inc.</b>	1000 Route 202 South PO Box 300 Raritan, NJ 08869- 0602	800-682-6532	<b><a href="http://www.orthomcneil.com">www.orthomcneil.com</a></b>
<b>Pfizer Inc.</b>	235 East 42 <sup>nd</sup> St. New York, NY 10017- 5755	800-438-1985	<b><a href="http://www.pfizer.com">www.pfizer.com</a></b>
<b>Roche Pharmaceuticals</b>	340 Kingsland St. Nutley, NJ 07110-1199	800-526-6367	<b><a href="http://www.roche.com">www.roche.com</a></b>
<b>Schering-Plough Corporation</b>	2000 Galloping Hill Rd. Kenilworth, NJ 07033	800-526-4099	<b><a href="http://www.sgp.com">www.sgp.com</a></b>
<b>Solvay Pharmaceuticals, Inc.</b>	901 Sawyer Rd. Marietta, GA 30062	800-354-0026	<b><a href="http://www.solvaypharmaceuticals-us.com">www.solvaypharmaceuticals-us.com</a></b>
<b>Wyeth Laboratories</b>	5 Giralda Farms Madison, NJ 07940	800-934-5556 option #1	<b><a href="http://www.wyeth.com">www.wyeth.com</a></b>

**For more information on Patient/Drug Assistance Programs access the following websites:**

- Partnership for Prescription Assistance  
**[www.pparx.org](http://www.pparx.org)**
- RxAssist: Accessing Pharmaceutical Patient Assistance Programs  
**[www.rxassist.org](http://www.rxassist.org)**
- RxHope: The Heart of the Pharmaceutical Industry  
**[www.rxhope.com](http://www.rxhope.com)**

*Updated: August, 2005*

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needymeds.com

waconnors@gmail.com

**Web** Images Maps Shopping Applications More ▾

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Ad related to needymeds.com

**(Needymeds Com) - Prescription Assistance Program**[www.myrxadvocate.com/](http://www.myrxadvocate.com/)

Annual income under \$42k to qualify

Patient Assistance Programs - Getting Started - Member Login

**NeedyMeds**[needymeds.com/](http://needymeds.com/)

NeedyMeds is the best source of information on patient assistance programs. All our information is free and updated regularly.

Brand Name Drugs - Patient Assistance Programs - First Time Users - Coupons List

**First Time Users - Needy Meds**[www.needymeds.org/indices/newuser.htm](http://www.needymeds.org/indices/newuser.htm)

NeedyMeds is an online information resource of programs that provide assistance to people who are unable to afford their medications and health care costs.

**Brand Name Drugs - Needy Meds**[www.needymeds.org/drug\\_list.taf](http://www.needymeds.org/drug_list.taf)

Brand Name List. All drugs and dosages available through Patient Assistance Programs are listed below, sorted alphabetically by brand name. The generic ...

**Coupons List - Needy Meds**[www.needymeds.org/coupons.taf?\\_function=list&letter=A](http://www.needymeds.org/coupons.taf?_function=list&letter=A)Every time you use the new NeedyMeds Drug Discount Card you save up to 80% and a donation is made to NeedyMeds. Click [HERE](#) for more information.**Patient Assistance Program Applications - Needy Meds**[www.needymeds.org/apps.taf](http://www.needymeds.org/apps.taf)

Send the completed application to the address on the application and not to NeedyMeds. If you cannot find an application or are having trouble printing one, ...

**Patient Assistance Programs (PAPs) - Needy Meds**[www.needymeds.org/indices/pap.htm](http://www.needymeds.org/indices/pap.htm)

Please do not call NeedyMeds with specific program questions. Some programs will make exceptions to their eligibility criteria. The drugs offered and the ...

**Patient Assistance Program Applications F - Needy Meds**[www.needymeds.org/apps.taf?\\_function=list&letter=F](http://www.needymeds.org/apps.taf?_function=list&letter=F)Tips for using the applications: To open the applications, you need a free program called Adobe Reader. Click [HERE](#) to download this program or the latest ...**Application Assistance - Needy Meds**[www.needymeds.org/local\\_programs.taf](http://www.needymeds.org/local_programs.taf)

There are many local programs and individuals that help people use patient assistance programs. They help with such things as finding a program, completing ...

**Compile a psychiatric & medical history:** A brief, easy to read summary of vital statistics, psychiatric history & medication records may help medical providers make informed choices during a crisis. Limit this to a page of key current facts only. Here are some things to include:

Full name & date of birth.
Full address.
Psychiatric diagnosis(e.g. Bipolar disorder, schizophrenia, schizoaffective, etc.)
Age at diagnosis.
Any pertinent medical conditions (e.g. diabetes, allergies, etc.)
Current symptoms.
Current condition (e.g. suicidal, homeless, missing, vulnerable, violent, substance abuse, etc.)
Treating psychiatrist's name & number.
Local service provider's name (e.g. mental health clinic, therapist, etc.)
Current medications.
Dates & locations of previous hospitalizations.
Any meds that have helped in the past.
Any meds that have not helped in the past.
History of symptomatic behaviors (e.g. running up huge debt, getting into car accidents, threatening family members, failing to care for basic needs even though they might have access to resources.
Current photo
Key physical characteristics: height, race, age, weight, hair color.
Full name of contact person & address for person to be contacted in an emergency.
Leave space for description of clothing last worn in case that info is needed.