

Taking a screening test is one of the quickest and easiest ways to determine whether you are experiencing symptoms of a mental health condition. The M3 screening test takes only 3 minutes to complete and simultaneously checks for symptoms of Depression, Anxiety, Bipolar Disorder and PTSD. These are serious conditions that can affect not only your quality of life but your physical health as well.

Your M3 score is a number that will help you understand if you may have a treatable mood disorder--knowing your score can help you take control of your mental health.

The M3 screening test is free, anonymous and confidential.

Visit [http://www.mentalhealthamerica.net/llw/depression\\_screen.cfm](http://www.mentalhealthamerica.net/llw/depression_screen.cfm) to get started.



**M3** Clinician™



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